

ALS Arizona

FOUNDATION OF SERVICES AND SUPPORT



April 2024 - ALS Arizona Newsletter

Support Groups



Support groups provide opportunities for group members to share their personal experiences and to learn more about living with ALS. They are designed to share information as well as strategies for preserving the independence and quality of life of both people with ALS and their caregivers, and address the social, emotional, and mental challenges of living with this disease.

Central Arizona

Persons with ALS - Tuesday, April 9th, 1-3
Topic: Speech and Communication
Held at ALS Arizona Office
360 E. Coronado Road, Phoenix, AZ 85004

Caregivers - Tuesday, April 16th, 1-3 pm
Held at ALS Arizona Office
360 E. Coronado Road, Phoenix, AZ 85004

Southern Arizona

Persons with ALS - Monday, April 22nd, 1-3
Topic: Speech and Communication
Held at Our Saviour's Lutheran Church - Activity Building
1200 N Campbell Ave, Tucson, AZ 85719

Caregivers - Wednesday, April 17th, 1-3 pm
Held at Our Saviour's Lutheran Church - Activity Building
1200 N Campbell Ave, Tucson, AZ 85719

Northern Arizona

Persons with ALS - Monday, April 22nd, 1-3

Support groups are in-person, hybrid or virtual as noted. Please join the group that works for you!

If you are unsure which group is best for you, please call the office at 602-297-3800 for assistance.

Scan QR Codes below to join or Statewide Virtual pALS and cALS Support Groups! (please note you must download Zoom before scanning the QR codes)



Statewide pALS Support Group



Statewide Caregiver Support Group

Topic: Speech and Communication
Held at Starting Point Church-
3106 Gateway Blvd Prescott, AZ 86303

Virtual

Statewide Persons with ALS

Tuesday, April 9th 6:00-7:30pm
Topic: Speech and Communication
Zoom Meeting ID: 957 2816 7840
Passcode: 785624

Statewide Caregivers

Tuesday, April 16th 1-3pm
Zoom Meeting ID: 945 4494 4731
Passcode: 009354

Page 2: Survivors

Wednesday April 17th 5:30-7:30pm
Zoom Meeting ID: 994 2034 0299
Passcode: 711937

The ALS Association Arizona Chapter is now

ALS Arizona

Same People, Same Mission, Different Name

We Need Your Feedback

Did you get support from ALS Arizona through programs and services in 2023? Please take a moment to help us by filling out this brief survey!

Due to a generous grant from the BHHS Legacy Foundation, we were able to expand programs throughout 2023 to support:

- 1. Quality of life for families affected by ALS*
- 2. Comprehensive care across Arizona*

Your feedback on these programs/services is vital to meeting the grant's requirements and continuing to improve your experience with our organization. Your responses will be kept confidential and anonymous. We appreciate your time!

[Take Survey Here](#)

Meet our Director of
Education and Family
Resources

JANIE DALRYMPLE

Janie has nearly two decades of nursing experience, including as the ALS Coordinator for the Mayo Clinic and, most recently, as the Nurse Educator for ALS Arizona. She is also a board-certified patient advocate, an end-of-life doula, and a legal nurse consultant.

Through her own life experiences, Janie knows how difficult the healthcare system can be to navigate and wants to ensure that others don't experience the same frustrations.

Contact Janie@alsaz.org



Tucson BITE NITE

Frequently Asked Questions!

EVENT INFORMATION
 Bite Nite is a fun, 21 and over event! Here are a few tips that will allow you to enjoy the night.
Bite Nite will be held on Saturday, April 6th 6pm-9pm
 Tucson Graduate
 930 E. 2nd St. Tucson, AZ 85719
 For more info go to: <https://fbiteintetucson.givesmart.com>

DRESS ATTIRE
 Please wear casual cocktail attire to this event.

EVENT TIMING
 Here's a rundown for the event night festivities!
 6:00PM - 7:15PM - Enjoy a variety of catered appetizers, desserts, & drinks, mystery boxes & silent auction
 7:15PM - 8:00PM - Program
 8:00PM - 9:00PM - Live Music & dancing
 9:00PM - Event wrap up
 text: biteintetucson to 76278

HOTEL OPTION
 If you need a room for the evening, please call Graduate Tucson for a discounted group rate.

Graduate Tucson
 520-467-9900
 930 E 2nd St. Tucson, AZ 85719

PARKING
 Please plan to park kiddly corner from Graduate Tucson. On the corner of E 2nd St and N. Euclid Ave. Enter on E 1st St.

ALS Arizona

*Didn't get all your questions answered? No problem!
 Give us a call at 602-297-3800
 or email Angie at angie@alsaz.org*

Tucson Bite Night FAQs
 Tickets are SOLD OUT!

BITE NITE

EVENT INFORMATION
 Bite Nite is a fun, 21 and over event! Here are a few tips that will allow you to enjoy the night.
Bite Nite will be held on Saturday, June 8th at 6:00PM
 Chateau Luxe Event Center
 1175 East Lone Cactus Dr, Phoenix, AZ 85024

DRESS ATTIRE - ELEGANT DISCO
 Women - cocktail-length dress or slacks and a blouse
 Men - slacks and a button-down dress shirt - jacket and tie optional

EVENT TIMING
 6:00PM - 7:15PM - Silent auction, mystery boxes, dining with bites from our partner restaurants and caterers
 7:15PM - 8:15PM - Program and live auction
 8:15PM - 9:45PM - Live Band/Dancing
 10:00PM - Event wrap up

HOTEL INFORMATION
 Option 1: As a Bite Nite guest you will receive a discounted rate of \$99 a night at the Cambria Hotel. Located at 4425 E Irma Ln, Phoenix, AZ.
 Option 2: JW Marriott Desert Ridge is offering Bite Nite guests discounted rooms. Located at 5550 East Maricott Drive, Phoenix, AZ.

For more info go to: bitenite.org or <https://fbiteintephoenix.givesmart.com>
 text biteintephoenix to 76278

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*Didn't get all your questions answered? No problem!
 Give us a call at 602-297-3800 or email Angie at angie@alsaz.org*

Phoenix Bite Night FAQs
 We still have some tickets left, but they are going quickly!

Reminder

**Support Group April 9th:
 Speech and Communication**

In Person: 1:00pm-3:00pm ALS Arizona Office

Virtual: 6:00pm-7:30pm ZOOM

Guest Speakers from Tobii Dynavox & Bridging Voices!

ALS Arizona

Join Here April 9th at 6 pm!



Our Equipment Loan Closet needs power wheelchairs, transport wheelchairs, and rolling shower chairs.

If you want to return or donate these items, email david@alsaz.org to arrange pick-up.

Education Corner

There are always chances to learn more about advances in ALS research, ways to increase the quality of life, and to hear from experts in the field! Below are some opportunities for you to explore:

- **Relyvrio Update**
 - On March 8, 2024, Amylyx Pharmaceuticals announced topline results from their global phase 3 PHOENIX trial of AMX0035 (Relyvrio) in ALS. Read the full study results [here](#).
- **LUKi & The Lights at the Phoenix Film Festival**
 - LUKi & The Lights is an animated short film that aims to help young audiences understand and cope with the complexities of ALS. It will be shown at the [Phoenix Film Festival](#) on April 6th, 12th, and 13th. Read more about LUKi & The Lights [here](#).
- **2024 Annual Northeast Amyotrophic Lateral Sclerosis Consortium (NEALS) Meeting**
 - The Annual NEALS Meeting brings together researchers, clinicians, industry leaders, and individuals with lived ALS experience to discuss the latest advancements in ALS research and treatment. Registration for this event opens on April 1, 2024. Learn more [here](#).

In Remembrance

We extend our deepest sympathy and continued support to the families and friends of:

Guillermo Avila, Joseph "Joe" Brimacombe, Janice Buttermann, Marcos Castro, Esther Gonzales, Elizabeth Jenkins, Marilyn Tate, Bryan Templeman, Berta Thomas, Wade Wallin

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[Give Online](#)
