

ALS Arizona

FOUNDATION OF SERVICES AND SUPPORT



RESEARCH



CARE SERVICES



EDUCATION



ADVOCACY

January 2024 - ALS Arizona Newsletter

Support Groups



Support groups provide opportunities for group members to share their personal experiences and to learn more about living with ALS. They are designed to share information as well as strategies for preserving the independence and quality of life of both people with ALS and their caregivers, and

Central Arizona

Persons with ALS - Tuesday, January 9th, 1-3

Topic: Planning your ALS Clinic Visit

Held at ALS Arizona Office

360 E. Coronado Road, Phoenix, AZ 85004

Caregivers - Tuesday, January 16th, 1-3 pm

Held at ALS Arizona Office

360 E. Coronado Road, Phoenix, AZ 85004

Southern Arizona

Persons with ALS - Monday, January 22nd, 1-3

Topic: Planning your ALS Clinic Visit

Held at Our Saviour's Lutheran Church - Activity Building

1200 N Campbell Ave, Tucson, AZ 85719

address the social, emotional, and mental challenges of living with this disease.

Support groups are in-person, hybrid or virtual as noted. Please join the group that works for you!

If you are unsure which group is best for you, please call the office at 602-297-3800 for assistance.

Scan QR Codes below to join or Statewide Virtual pALS and cALS Support Groups!
(please note you must download Zoom before scanning the QR codes)



Statewide pALS Support Group



Statewide Caregiver Support Group

Caregivers - Wednesday, January 17th, 1-3 pm
Held at Our Saviour's Lutheran Church - Activity Building
1200 N Campbell Ave, Tucson, AZ 85719

Northern Arizona

Persons with ALS - Monday, January 22nd, 1-3
Topic: Planning your ALS Clinic Visit
Held at Starting Point Church-
3106 Gateway Blvd Prescott, AZ 86303

Virtual

Statewide pALS

Topic: Planning your ALS Clinic Visit
Tuesday, January 9th 6:00-7:30pm
Zoom Meeting ID: 957 2816 7840
Passcode: 785624

Statewide cALS

Tuesday, January 16th 1-3pm
Zoom Meeting ID: 945 4494 4731
Passcode: 009354

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Wednesday January 17th 5:30-7:30pm
Zoom Meeting ID: 994 2034 0299
Passcode: 711937



FAMILY FIELD DAY



Our 5th Annual baseball game for families!

The ALS Arizona's youth program is excited to bring families together for this annual **FREE** event of games, food and fun at the Miracle League of Arizona's wheelchair ready baseball field! We will be playing a little ball, relays and more. If you have youth (children or grandchildren) in your family then come join us!

Friday,
January 26
6:30-8:30 pm

**DINNER
PROVIDED**

Miracle League
of Arizona
11130 E. Cholla St.
Scottsdale

RSVP your family to jill@alsaz.org
**Include family names and ages **

Family Field Day

Join ALS
Arizona in our
5th Annual
adaptive
baseball game!

To RSVP email
jill@alsaz.org or
register below.

[Register
Here](#)



ALS Arizona

Member of ALS United

CAREGIVER SKILLS TRAINING

Hoyer Lift, Transfers, Range of Motion, & more!

02.13.24

1PM - 3PM



FOUNDATION FOR SENIOR LIVING

1201 E Thomas Rd Phoenix,
85014

Email Hannah@alsaz.org to Register Today!

[Register Here!](#)



ALS AWARENESS NIGHT @TUCSON ROADRUNNERS



**We have 200 tickets
to giveaway!**

What to expect:

- Live interview with ALS Family
- Pregame Zamboni ride for an ALS patient
- A ceremonial puck drop

TO RESERVE YOUR TICKETS EMAIL ANGIE OR LINDSEY

ANGIE@ALSAZ.ORG OR LINDSEY@ALSAZ.ORG

ALS AWARENESS NIGHT

Mark your calendars! On February 16th at 7pm, we're hosting ALS Awareness Night at the Tucson Roadrunners hockey game. It's a fantastic opportunity to raise awareness and support for ALS.

Guess what? We have free tickets available! Join us for a night of fun and purpose as we unite against ALS. To reserve your free tickets, contact angie@alsaz.org or lindsey@alsaz.org

Let's pack the stands and make a difference together!

ALS Arizona is a qualified charitable organization for the Arizona State Tax Credit. Help us continue to provide crucial and free services to ALS patients and their families.

Our QCO Code is 20994

A maximum of \$400 can be deducted per individual tax return, and \$800 for couples filing jointly in the state of Arizona.

To donate, please visit www.alsaz.org, give us a call at 602-297-3800, or mail a check to
360 E Coronado Rd Suite 140
Phoenix, AZ 85004

Donations can be made up to April 15, 2024 and still be claimed as an Arizona Credit on your 2023 tax return.

Your tax dollars can help us provide support and hope to families living with ALS

'Tis the season of giving, and we have an exciting opportunity for you to make an even more significant impact with your generosity. Did you know that you can maximize your support through tax credit donations?

Boost your support and potentially reduce your taxes by making a tax credit donation to ALS Arizona! Your generosity can make a lasting impact on our initiatives

and community. Donations made up to April 15th, 2024, can be claimed as an Arizona Credit on your 2023 tax returns.



Education Corner

There are always chances to learn more about advances in ALS research, ways to increase the quality of life, and to hear from experts in the field! Below are some opportunities for you to explore:

- **Accessible Transportation Options**
 - Rides in Sight is a searchable database for accessible transportation options. You can input your zip code and search options [here!](#)
- **New Data Shows Relyvrio Reduces Inflammatory Biomarkers**
 - Data analyzed from the phase 2 CENTAUR trial showed a significant reduction in YKL-40 and C-reactive protein, but not chitinase 1, over 24 weeks, with reductions observed as early as week 12. These biomarkers have been previously shown to correlate with ALS disease progression. Read more [here.](#)

In Remembrance

We extend our deepest sympathy and continued support to the families and friends of:

Patricia "Pat" Nau, Richard Watkins, Nathaniel Miller, James "Jim" Wyant,
Timothy Tomaszewski

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[Give Online](#)
